

江南食府

一 生活需要仪式感，感恩一路有你，祝我们的顾客生活和美美，事业顺风顺水。
二 健康用餐，不劝酒，不醉酒。
三 曾经沧海难为水，鱼香肉丝配鸡腿。
四 慢品人间烟火色，闲观人间岁月长。
五 祝客人胃口棒棒，福运佳佳，笑口常开。

Allergens

Regolamento CEE 1169/2016
D.L.n.109 del 27 gennaio 1992 sezione III-D.L.n.114/2006

Allergens present



1.Cereals
that contain
gluten



2.Crustaceans



3.Egg



4.Fish



5.Peanuts



6.Soy



7.Milk



8.Fruit
a shell



9.Celery



10.Mustard



11.Sesame



12.Sulfur
dioxide
and sulphites



13.Lupins



14.Clams



Frozen



Spicy

To avoid unpleasant inconveniences,
please inform our staff in advance if you have food allergies
or intolerances or if you are following a vegetarian diet.
We are prepared to advise you in the best way

The dishes have traces of sesame or soy
and contain sodium glutamate.
Wines and drinks may contain sulphites.

All images are included for illustrative purposes
the final dishes may undergo changes.

特色菜 *Special dishes*

01 汽锅剁椒鱼头

Fish head in pressure
cooker with peppers

38,00 €  





02 北京烤鸭
Peking roast duck*
½ pz / 25,00 €

香辣小海鲜 03

Spicy seafood
28,00 €



04 肥肠鸡
Chicken with pork intestine
30,00 €

葱油龙虾 05

Lobster with shallot oil
SQ.



06 家烧羊肉
Chef's lamb
18,00 €

番薯粉 07

Stir-fried soybean noodles
8,00 €



08 肝腰合炒
Stir-fried pork liver and kidneys
12,00 €

09 脆皮烤鱼
Crispy grilled fish

25,00 €

10 爆炒腰花
Stir-fried pork kidney with soy sauce

12,00 €



前菜 *Appetizers*



11 菜饺

Steamed vegetable dumplings

4pz / 4,00 €

12 虾片

Shrimp crackers

4,00 €

13 锅贴

Pan-fried dumplings

8pcs / 7,00 €

14 虾饺

Steamed shrimp* dumplings

4pcs / 6,00 €

15 越南卷

Vietnamese spring rolls

2pcs / 3,00 €

16 春卷

Spring rolls

1pz / 1,50 €

17 虾球

Shrimp balls*

6,00 €

18 炸鸡

Fried chicken*

8,00 €

19 炸薯条

French fries*

5,00 €

冷盘

Cold dishes

- 20 拌海蜇 🌿 12,00 €
Jellyfish salad with vegetables
- 21 白斩鸡 8,00 €
Boiled chicken
- 22 红油凤爪 🌶️ 8,00 €
Boneless chicken feet in spicy oil
- 23 口水鸡 🌶️ 8,00 €
Sichuan chicken in spicy oil sauce
- 24 芝麻菜拌章鱼 🌿 12,00 €
Octopus and rocket salad

- 25 爽口萝卜 6,00 €
Marinated white radish
- 26 拌牛肉 🌿 🌶️ 8,00 €
Spicy beef
- 27 皮蛋豆腐 🥚 🌿 7,00 €
Tofu with century egg
- 28 牛百叶 8,00 €
Beef tripe
- 29 椒盐鸭头 2pz / 5,00 €
Salt and pepper duck head*
- 30 玉米虾排 🌿 6,00 €
Shrimp* fillet with corn



- 31 夫妻肺片
Sliced beef and ox tongue in chili sauce
12,00 € 🌶️



32 猪耳朵
Pig ears
8,00 €



鸭掌 33
Duck feet*
8,00 €



34 鸭舌
Duck* tongue
12,00 €



35 拍黄瓜
Spicy smashed cucumbers
6,00 €

36 油焖笋
Braised spring bamboo shoots
6,00 €

37 毛豆
Soybeans
6,00 €

38 盐水花生
Boiled peanuts cooked in brine
6,00 €

39 椒盐大肠
Salt and pepper pork intestine
10,00 €

40 鱼饼
Flattened fish cakes
8,00 €

41 江蟹生
Raw crab
12,00 €

42 盐水虾
Shrimp cooked in brine
8,00 €

43 日本海藻
Japanese seaweed*
6,00 €

汤 Soups



44 排骨玉米萝卜汤

Pork rib soup with corn
and white radish

15,00 €

- 45 鸡丝玉米汤 🍲 3,00 €
Chicken soup with corn
- 46 酸辣汤 🍲 3,00 €
Hot and sour soup
- 47 蟹肉芦笋汤 🍲 3,00 €
Crab soup with asparagus
- 48 青菜豆腐汤 🍲 3,00 €
Pak choi and tofu soup

- 49 西红柿蛋汤 🍲 3,00 €
Egg soup with tomato
- 50 鱼丸汤 🍲 8,00 €
Fish balls soup
- 51 西湖牛肉羹 6,00 €
West Lake beef soup
- 52 冬阴功汤 🍲 🌿 18,00 €
Tom Yum soup

主食

First dishes

- 53 鸡肉粉丝 🌱🌱 7,00 €
Stir-fried soybean noodles with chicken
- 54 辣子粉丝 🌱🌱🔥 7,00 €
Spicy stir-fried soybean noodles
- 55 海鲜炒粉干 🌱🌱🌱 8,00 €
Stir-fried rice noodles with seafood
- 56 酱油肉炒年糕 🌱🌱 8,00 €
Stir-fried rice dumplings with marinated meat
- 57 豪华火鸡面 🌱🔥 8,00 €
Spicy chicken flavored ramen

- 58 什锦炒面 🌱🌱🌱🌱 8,00 €
Stir-fried spaghetti with mixed vegetables
- 59 排骨拉面 🌱🌱 8,00 €
Ramen with braised pork ribs in soy sauce
- 60 猪脏粉 🌱 8,00 €
Rice noodles with pork intestine
- 61 水饺汤 🌱 8,00 €
Dumplings soup
- 62 馄饨汤 🌱 7,00 €
Wonton soup



- 63 牛肉拉面
Ramen with beef braised in soy sauce
8,00 € 🌱🌱



64 金丝饭

Fried rice with potatoes
and meat floss

8,00 €

65 拌面 8,00 €
Spaghetti

66 拌拉面 8,00 €
Handmade spaghetti

67 竹筒饭 8,00 €
Bamboo rice

68 虾仁炒饭 7,00 €
Fried rice with shrimps*

69 什锦炒饭 7,00 €
Fried rice with shrimps* and vegetables

70 什菜炒饭 6,00 €
Fried rice with mixed vegetables

71 蛋炒饭 5,00 €
Fried rice with eggs

72 干炒牛河 8,00 €
Stir-fried rice noodles with beef

73 广东炒饭 7,00 €
Canton Fried Rice

74 白饭 1,00 €
White rice

招牌菜 *Second dishes*

- 75 水煮田鸡 🌶️ 18,00 €
Frogs boiled in spicy broth
- 76 鱼头豆腐煲 🐟🍲 35,00 €
Braised fish head and tofu
- 77 水煮鱼 🐟🌶️ 18,00 €
Fish boiled in spicy broth
- 78 酸菜鱼 🐟 18,00 €
Boiled fish with pickled cabbage
- 79 水煮牛肉 🌶️ 18,00 €
Beef boiled in spicy broth

- 80 毛血旺 🌶️ 18,00 €
Black pudding in spicy broth
- 81 手抓羊排 12,00 €
Lamb ribs
- 82 孜然牛肉 10,00 €
Beef with cumin
- 83 红烧肉 🍲 8,00 €
Braised pork belly
- 84 辣子鸡 🌶️ 10,00 €
Chilli chicken
- 85 麻婆豆腐 🍲🌶️ 8,00 €
Stir-fried spicy tofu

- 86 美蛙鱼
Fish and frog boiled
in spicy broth
25,00 € 🐟🌶️





87 酸汤肥牛
Golden sour soup sliced beef
14,00 €

蒜蓉扇贝 88
Garlic scallops
1pcs / 6,00 €



89 蒜香排骨
Garlic pork ribs
10,00 €

90 鱼香茄子
Eggplants in Yu Xiang sauce
8,00 €

91 日本豆腐
Japanese tofu
8,00 €

92 锅包肉
Fried pork with sweet and sour sauce
10,00 €

93 红烧猪蹄
Braised pork trotter
10,00 €

94 鲈鱼 (红烧 / 清蒸)
Sea Bass (Braised / Steamed)
18,00 €

95 粉丝蒸虾
Soy spaghetti with steamed shrimps*
12,00 €

96 葱油多宝鱼
Turbot in oil with green onion
SQ.

97 炒螺蛳
Stir-fried river snails
12,00 €

98 淡菜
Mussels
8,00 €

99 生蚝
Oysters
1pcs / 3,00 €

100 地三鲜
Stir-fried eggplants, potatoes and green peppers
8,00 €





101 椒盐虾
Salt and pepper shrimps*
12,00 € 🌿

盐焗大虾 102
Salt baked prawns*
🌿 12,00 €



103 香辣蟹
Spicy crabs
15,00 € 🌿 🌶️



104 芹菜鱿鱼 🌿 🌿
Calamari with celery 10,00 €

105 香辣虾 🌿 🌶️
Spicy shrimps* 12,00 €

106 干蒸螃蟹 🌿 🌶️
Steamed crabs 15,00 €

107 蛋黄焗蟹 🌿 🌿
Baked crab with egg yolk 15,00 €

108 蛋黄香芋 🌿
Taro with egg yolk 10,00 €

109 椒盐藕片
Salt and pepper lotus root slices 8,00 €

110 糖醋鱼 🌿
Fish in sweet and sour sauce 18,00 €

111 鱼香肉丝
Pork in Yu Xiang sauce 8,00 €

112 家烧黄鱼 🌿
Braised yellow croaker 15,00 €

113 家烧带鱼 🌿
Braised hairtail fish 12,00 €



114 椒盐排骨
Salt and pepper pork ribs
8,00 €



糖醋排骨 115
Pork ribs in sweet and sour sauce
8,00 €



116 咕咾肉
Pork in sweet and sour sauce
8,00 €

117 椒盐田鸡
Salt and pepper frogs
12,00 €

118 糖醋鸡
Chicken in sweet and sour sauce
8,00 €

119 红烧排骨
Braised pork ribs
8,00 €

120 姜葱牛肉
Beef with leeks and ginger
8,00 €

121 芹菜豆腐干
Dried tofu with celery
7,00 €

122 干煸四季豆
Stir-fried stringbeans
8,00 €

123 炒芋
Stir-fried taro
8,00 €

124 笋干炒肉
Braised pork with bamboo shoots
10,00 €





125 牛排
Steak
28,00 €

猪血大肠 126

Pork intestine and black pudding
8,00 €



127 可乐鸡翅
Coca Cola chicken wings
8,00 €



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|-----|----------------------------------|---------|
| 128 | 宫爆鸡丁 | 8,00 € |
| | Spicy stir-fried chicken | |
| 129 | 咖喱鸡 | 10,00 € |
| | Curry chicken | |
| 130 | 杏仁鸡 | 8,00 € |
| | Almond chicken | |
| 131 | 腰果鸡 | 8,00 € |
| | Cashew chicken | |
| 132 | 腰果虾仁 | 8,00 € |
| | Cashew shrimps* | |
| 133 | 酸辣土豆丝 | 7,00 € |
| | Potatoes in spicy and sour sauce | |
| 134 | 肉末土豆 | 7,00 € |
| | Potatoes with minced pork | |

干锅 *Dry pot*

135 干锅肥肠

Spicy dry pot pork intestine

10,00 €



136 干锅花菜

Spicy dry pot cauliflower

8,00 €

137 干锅球菜

Spicy dry pot cabbage

8,00 €

138 干锅鸡

Spicy dry pot chicken

10,00 €

139 干锅田鸡

Spicy dry pot frogs

12,00 €

140 干锅鸭掌

Spicy dry pot duck feet*

10,00 €

141 干锅虾

Spicy dry pot shrimps*

12,00 €

142 干锅鱿鱼

Spicy dry pot calamari

10,00 €

143 干锅豆腐

Spicy dry pot tofu

8,00 €

144 干锅茶树菇

Spicy dry pot tofu tea tree mushrooms

12,00 €

铁板 *Sizzling*

145 铁板虾 🍤

Sizzling shrimps*

9,00 €

146 铁板土豆牛肉

Sizzling beef with potatoes

9,00 €

147 铁板土豆鸡

Sizzling chicken with potatoes

9,00 €

148 铁板芋

Sizzling taro

9,00 €

149 铁板日本豆腐 🍲 🍲

Sizzling Japanese tofu

9,00 €

150 铁板牛肉

Sizzling beef

12,00 €



煲 *Casserole*

151 老鸭煲

Duck* casserole
38,00 €



152 牛腩煲
Sirloin casserole

8,00 €

153 羊肉煲
Lamb casserole

18,00 €

154 筒骨煲
Pork bone casserole

25,00 €

155 鱼头煲 
Fish head casserole

38,00 €



烤串 *BBQ*

156	羊肉 Lamb	2pz / 3,00 €
157	牛肉 Beef	2pz / 3,00 €
158	香肠 Pork sausage	2pz / 3,00 €
159	鸡肉 Chicken	2pz / 3,00 €
160	虾  Shrimps*	2pz / 3,00 €
161	生蚝  Oyster	1pz / 3,00 €

162	藕 Lotus root	2pz / 3,00 €
163	花菜 Cauliflower	2pz / 3,00 €
164	金针菇 Enoki mushrooms	2pz / 3,00 €
165	鱼豆腐   Fish tofu	2pz / 3,00 €
166	热狗 Wurstel	1pz / 2,50 €



素菜 *Vegetables*



167	小白菜	6,00 €
	Stir-fried Pak Choi	
168	空心菜	7,00 €
	Stir-fried water spinach	
169	大白菜	6,00 €
	Stir-fried chinese cabbage	
170	藕	7,00 €
	Stir-fried lotus root	
171	花菜	7,00 €
	Stir-fried cauliflower	
172	茄子	7,00 €
	Stir-fried eggplants	

173	秋葵	8,00 €
	Stir-fried okra	
174	菜心	6,00 €
	Stir-fried choy sum	
175	时令蔬菜	SQ.
	Stir-fried seasonal vegetables	
176	荷兰豆	7,00 €
	Stir-fried snow peas	
177	山药	8,00 €
	Stir-fried chinese yam	
178	丝瓜	8,00 €
	Stir-fried loofah	

甜点 *Desserts*



179 南瓜饼
Chinese pumpkin pie*
6pcs / 8,00 €



玉米烙 180
Corn omelette
8,00 €



181 山药卷
Chinese yam rolls*
6pcs / 8,00 €



芒果冰淇淋麻薯 182
Mango mochi ice cream
1pcs / 2,00 €



183 抹茶冰淇淋麻薯 1pcs / 2,00 €
Matcha mochi ice cream

184 椰子冰淇淋麻薯 1pcs / 2,00 €
Coconut mochi ice cream

185 巧克力冰淇淋麻薯 1pcs / 2,00 €
Chocolate mochi ice cream

186 汤圆 6pcs / 6,00 €
Sweet dumplings*

饮料 Drinks

矿泉水 (小瓶) 2,00 €

Still water (small)

矿泉水 (大瓶) 3,00 €

Still water (large)

带汽水 (小瓶) 2,00 €

Sparkling water (small)

带汽水 (大瓶) 3,00 €

Sparkling water (large)

咖啡 1,50 €

Espresso coffee

王老吉 3,00 €

Sweet chinese tea

椰汁 3,00 €

Cocco

可乐 3,00 €

Coca cola

雪碧 3,00 €

Sprite

芬达 3,00 €

Fanta

豆奶 (大瓶) 4,00 €

Soy milk (large)

健力宝 3,00 €

Jianlibao

柠檬茶 3,00 €

Lemon tea

桃茶 3,00 €

Peach tea



中国绿茶 (一壶) 3,00 €

Hot Chinese green tea (one teapot)

茉莉花茶 (一壶) 3,00 €

Hot jasmine tea (one teapot)

菊花茶 (一壶) 3,00 €

Hot chrysanthemum tea (one teapot)

酒水 *Beers and wines*

青岛 (小瓶)	3,00 €
Tsingtao beer (small)	
青岛 (大瓶)	4,00 €
Tsingtao beer (large)	
荷兰啤	3,50 €
Heineken	
老人头	3,50 €
Moretti	
玫瑰露 (一小杯)	3,50 €
Chinese rose liqueur (one shot)	
竹叶青 (一小杯)	3,50 €
Chinese bamboo liqueur (one shot)	
高粱酒 (一小杯)	3,50 €
Chinese sorghum liqueur (one shot)	
人参酒 (一小杯)	3,50 €
Ginseng liqueur (one shot)	
二锅头 (一小杯)	3,50 €
Chinese white liqueur (one shot)	



杰克丹尼威士忌	3,50 €
Jack Daniel's whiskey (one shot)	
蒙特内罗利口酒	3,50 €
Amaro Montenegro (one shot)	
伟杰罗马白兰地	3,50 €
Brandy Vecchia Romagna (one shot)	
珊布卡茴香酒	3,50 €
Sambuca (one shot)	
红酒 / 白酒 (1杯)	3,00 €
Red wine / White wine (one glass)	
红酒 / 白酒 (¼升)	4,00 €
Red wine / White wine (¼ lt)	
红酒 / 白酒 (½升)	8,00 €
Red wine / White wine (½ lt)	
红酒 / 白酒 (1升)	15,00 €
Red wine / White wine (1 lt)	

江南食府

🕒 11:30-15:00 / 17:30-23:00

📍 Via Carlo Farini, 6, 20154 Milano MI

真诚的祝福，
忙碌的脚步，
平淡的生活，
会带给你最美丽的风景；
会带给你最简单的幸福；
会带给你最由衷的快乐！

